

Welcome

Welcome to TROG Community News: your quarterly newsletter featuring our latest cancer research. TROG is the peak body in radiation oncology research in Australia and NZ. You can also receive the regular email version of

this newsletter in your inbox by visiting trog.com.au/CommunityNews. By receiving this, you're helping us raise awareness of our work - **thank you!**

~ Sandro Porceddu, TROG President

Our mission: We conduct world-class research involving radiotherapy to improve outcomes and quality of life for people affected by cancer.



Real-life stories

Tanya joined a clinical trial in the hope of a brighter future for her four girls

A shock breast cancer diagnosis 18 months ago led NSW mother-of-four, Tanya Lawrence (pictured), to join TROG 08.06 STARS, in the hope that her daughters will not have to experience the same fate.

"I was in the shower and was reacquainted with a lump that was checked 12 months previously. It felt bigger. I decided to go to the GP that



when things started to change," Tanya said.

same week for further investigation, but I wasn't concerned as it had been checked before. After my mammogram I had an ultrasound and that's

Concern turned to disbelief as Tanya was diagnosed with Invasive Ductal Carcinoma (IDC), which was surgically removed.

She began treatment and it was during this time that Tanya joined the STARS trial, which compares the effectiveness of treatment with the drug anastrozole before and during radiotherapy compared with anastrozole therapy delayed until after radiotherapy.

"I have four daughters and I don't want them to have the continuous worry about genetic connections to breast cancer," Tanya said.

"I've always been very fit, healthy, confident and outgoing...all these facets of my life have been affected. Some things I thought were important to start with ended up the least important by the end of treatment."

Research update

All types of cancer: One treatment

*Did you know that TROG fights all cancers? Our research focus is on one type of treatment, **radiotherapy**, for the many types of cancers it can treat such as breast, lung, prostate, skin, head and neck.*



During Breast Cancer Awareness Month in October and Lung Cancer Awareness Month in November, you may have noticed TROG sporting pink and white ribbons in honour of the thousands of patients who have joined a TROG breast or lung cancer clinical trial.

Over 4,000 women have participated in more than a dozen TROG breast cancer clinical trials since 1989. Breast

More than 4,000 women
have taken part in over a dozen TROG breast cancer trials



cancer is the most common cancer in women, globally.

Almost 800 patients have joined a TROG lung cancer clinical trial, since our inception. This disease is the leading cause of death in Australia, with around 11,000 people diagnosed each year. It is the leading



cause of cancer death, worldwide.

TROG researchers are working hard to find more effective treatments and better outcomes for patients with all types of cancer. Together, we can beat cancer.

Read more at trog.com.au



TROG news

The latest in cancer treatment research

Our supporters tee-off for TROG

Thanks to our wonderful supporters at the Hawks Nest Golf Club and the Tea Gardens Country Club Fishing Club who raised over \$5,000 for TROG at the annual Myall Coast Veterans Gold Day, held in November.



John Bolden from Hawks Nest Golf Club with TROG CEO Joan Torony.

These community groups, along with the Tea Gardens/ Hawks Nest Prostate Cancer Support Group have raised over \$15,000 for TROG and we are very grateful for their continued support.

Help us help others!

You are invited to our TROG Consumer Training Workshop.

We are looking for members of the community who have had an experience with cancer, to become part of TROG Cancer Research as a consumer representative, to help shape the future direction of our clinical trials. Your knowledge and advice can have a real impact on those facing a similar journey,

leading to better treatments and outcomes for cancer patients.

We will be holding a Consumer Training Workshop in **April 2016** in Sydney.

If you are interested and would like further information about taking part, please contact 02 40143910 or email Rebecca.Montgomery@trog.com.au

Download our trials app

Our free mobile app, 'TROG ClinTrial Refer', puts information about all our cancer research trials at the fingertips of patients and their families.

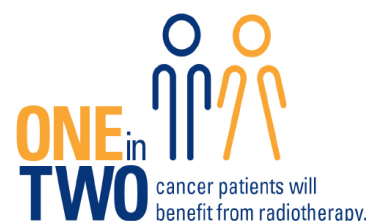
Read more at trog.com.au

Want more?

Sign up to our eNews

Each quarter the **TROG Community eNews** features real stories, research updates, news and helpful links. It's an extended, electronic version of what you're reading now.

Sign up today for your regular TROG eNews: www.trog.com.au/CommunityNews



Make a difference!

Donate to TROG today

I would like to make a donation to support TROG Cancer Research.

Please return to TROG Cancer Research, PO Box 88, Waratah, NSW 2298
Donations over \$2 are tax deductible.



My details (for receipting purposes):

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Surname: _____

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I would like to have the following commemorative message published on the TROG website: _____

I would like to make a donation:

☐ Once ☐ Monthly ☐ Annually ☐ Other

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I would like to donate:

☐ \$50 ☐ \$150 ☐ \$250 ☐ \$500 ☐ Other

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Support us: Tamburlaine Organic Wines for TROG



TROG has launched a fundraiser with Tamburlaine Organic Wines. They are offering their Organic Wine Lovers' range of wines for purchase at a special discount rate, with \$50 from every dozen going directly to TROG.

To order your dozen, email cfraczek@mywinery.com or call 1800 659 956 today. **A great gift idea!**

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